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How to Capture Happiness and Make It Last for AML

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How to Capture Happiness and Make It Last for AML

Squeeze tightly hands and face           pray always using hands, on knees
As if by osmosis will my blood to dance
Sing because I am holding happiness
Weave our stories together baskets
Tapestries, quilt our lives in cotton canvas
With the sea and your smell trapped in
Layers of fibres that make chords to tie me
To you and you to me tight tight
With space enough for growth and life
Laughter and the teeth of many mouths
Many smiles I have captured in my eyes
In my hands in my mouth for the pot
For your mouth we share all chili cumin
Coriander cardamom cinnamon cloves
Seared into skin and fingertips branding
By scent and love and fire the pages of
My recipe book splattered with me
Splattered with you happiness captured
In meals in the lines on your face in mine
I have it well saved stored cachéd to splash
On skin like favourite perfume and dance
Sing because I have forever happiness captured
Come share, come
I will hold it squeeze it tight tight for it is mine.
celebrate with me!